HeartCode® ACLS Skills Testing Checklist

Student Name: ____________________________________________ Test Date: _______________________

HeartCode ACLS Bag-Mask Ventilation Testing Checklist

Performance Guidelines and Critical Actions

✓ if done correctly

BLS Survey and Interventions
Checks for responsiveness
• Taps and shouts, “Are you all right?”
• And
• Scans chest for movement (5-10 seconds)
Activates the emergency response system
• Activates the emergency response system and gets the AED
• Or
• Directs second rescuer to activate the emergency response system and get the AED
Checks carotid pulse (5-10 seconds). Notes that pulse is present
Does not initiate chest compressions or attach AED
Performs ventilations at the correct rate of 1 breath every 5-6 seconds
(10-12 breaths per minute)

ACLS Survey Case Skills
Inserts oropharyngeal or nasopharyngeal airway
Administers oxygen
Performs correct bag-mask ventilation for 1 minute

Critical Actions
Effectively ventilates with a bag-mask device for 1 minute
Gives proper ventilation—rate and volume

HeartCode ACLS CPR Testing Checklist

1-Rescuer CPR Test
Critical Performance Steps

✓ if done correctly

Skill Step
1 Checks for responsiveness: Taps and shouts, “Are you all right?” and scans the chest for movement (5-10 seconds)
2 Tells someone to activate the emergency response system and get an AED
3 Checks carotid pulse (minimum 5 seconds; maximum 10 seconds)
4 Bares patient's chest and locates CPR hand position
5 Delivers first cycle of compressions at correct rate (acceptable: 18 seconds or less for 30 compressions)
6 Gives 2 breaths (1 second each)
7 Delivers second cycle of compressions at correct hand position (acceptable: greater than 23 of 30 compressions)
8 Gives 2 breaths (1 second each) with visible chest rise
9 Delivers third cycle of compressions of adequate depth with complete chest recoil (acceptable: greater than 23 compressions)

The next step is performed only if the manikin is equipped with a feedback device, such as a clicker or light. If there is no feedback device, STOP THE TEST.

STOP TEST

Test Summary
Circle P or NR to Indicate Pass or Needs Remediation:

P | NR
---|---
Pass = Steps all checked (done correctly)
NR = Needs remediation

1-Rescuer CPR | 1-Rescuer Bag-Mask Ventilation
---|---
Pass | Pass
NR | NR

Instructor signature affirms that skills tests were done according to AHA Guidelines.
Save this sheet with course record.

Instructor Signature: __________________________
Print Instructor Name: ________________________
Date: ________________________

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