

PALS Course Sample Agenda

12 Students, 2 PALS Instructors
6:1 student-instructor ratio for each station
Total time: 14 hours 10 minutes

<i>Day 1</i>		
8:00-8:10 Welcome, Introductions, and Course Administration		
8:10-8:15 Lesson 1: PALS Course Overview		
8:15-8:30 Lesson 2: Overview of PALS Science		
Divide class into 2 groups	Lesson 3 BLS Practice and Competency Testing	Lesson 4 Management of Respiratory Emergencies
8:30-9:30	Group 1	Group 2
9:30-9:40	Break	Break
9:40-10:40	Group 2	Group 1
Divide class into 2 groups	Lesson 5 Rhythm Disturbances/ Electrical Therapy	Lesson 6 Vascular Access
10:40-11:10	Group 2	Group 1
11:10-11:40	Group 1	Group 2
11:40-12:30	Lunch	Lunch
One large group		
12:30-1:00 Lesson 7: Resuscitation Team Concept		
1:00-1:10 Lesson 8: Overview of Pediatric Assessment		
1:10-1:20 Lesson 9A-C: Overview of Learning Stations		
1:20-1:40 Lesson 9D: Core Case Discussion: Respiratory Cases 1 and 2		
1:40-1:50 Break		
Divide class into 2 groups	Lesson 9D Core Case Simulations Respiratory Cases 1 and 2	Lesson 9D Core Case Simulations Respiratory Cases 1 and 2
1:50-2:30	Group 1	Group 2
One large group		
2:30-2:50 Lesson 9D: Core Case Discussion: Respiratory Cases 3 and 4		
Divide class into 2 groups	Lesson 9D Core Case Simulations Respiratory Cases 3 and 4	Lesson 9D Core Case Simulations Respiratory Cases 3 and 4
2:50-3:30	Group 1	Group 2
One large group		
3:30-3:50 Lesson 9E: Core Case Discussion: Shock Cases 5 and 6		
Divide class into 2 groups	Lesson 9E Core Case Simulations Shock Cases 5 and 6	Lesson 9E Core Case Simulations Shock Cases 5 and 6
3:50-4:30	Group 1	Group 2
4:30 End of Day 1		

Day 2

8:00-8:15 Welcome and Coffee One large group		
8:15-8:35 Lesson 9E: Core Case Discussion: Shock Cases 7 and 8		
Divide class into 2 groups	Lesson 9E Core Case Simulations Shock Cases 7 and 8	Lesson 9E Core Case Simulations Shock Cases 7 and 8
8:35-9:15	Group 1	Group 2
One large group 9:15-9:35 Lesson 9F: Core Case Discussion: Cardiac Cases 9 and 10		
Divide class into 2 groups	Lesson 9F Core Case Simulations Cardiac Cases 9 and 10	Lesson 9F Core Case Simulations Cardiac Cases 9 and 10
9:35-10:15	Group 1	Group 2
One large group 10:15-10:25 Break 10:25-10:45 Lesson 9F: Core Case Discussion: Cardiac Cases 11 and 12		
Divide class into 2 groups	Lesson 9F Core Case Simulations Cardiac Cases 11 and 12	Lesson 9F Core Case Simulations Cardiac Cases 11 and 12
10:45-11:25	Group 1	Group 2
2 groups	Lesson 10 Putting It All Together	Lesson 10 Putting It All Together
11:25-12:25	Group 1	Group 2
One large group 12:25-1:10 Lunch 1:10-1:15 Lesson 11: Course Summary and Testing Details 1:15-2:00 Lesson 12: Written Exam		
Divide class into 2 groups	Lesson 13 PALS Core Case Test 1 Cardiac Cases 9-12	Lesson 14 PALS Core Case Test 2 Respiratory Cases 1-4 Shock Cases 5-8
2:00-3:00	Group 1	Group 2
3:00-4:00	Group 2	Group 1
4:00 Course Ends 4:00 Remediation		